



**North Carolina Department of Health and Human Services**  
**Division of Mental Health, Developmental Disabilities and Substance Abuse Services**  
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Beverly Eaves Perdue, Governor  
Lanier M. Cansler, Secretary

Leza Wainwright, Director

March 29, 2010

**MEMORANDUM**

**TO:** NCI Instructor Trainers  
**FROM:** Cheryl Riggins, <sup>CR</sup> Staff Development Coordinator  
**RE:** NCI for Children

The purpose for this memorandum is to provide guidance for the use of North Carolina Interventions (NCI) with children. Generally speaking NCI is used for adults. If your agency feels that it is necessary to implement a program for children, the care team needs to approve the specific techniques that your agency intends to utilize. The physician, administration and the human rights committee of the facility all need to sign off on the program so that you have the proper signatures in place. If your agency uses a therapeutic hold, it needs to be written in the plan.

In addition to the information provided above, the following is required:

1. The program must identify the specific technique to be used.
2. That technique can only be utilized by staff who have been certified in NCI prevention, A, and the restrictive technique to be used.
3. Use of the technique must be documented.
4. The child's program must spell out options staff should attempt to use prior to the use of any restrictive technique. These techniques would be non-restrictive alternatives to the approved restrictive technique.

cc: Executive Leadership Team  
DMH/DD/SAS – Accountability Team  
DHSR – Licensure and Certification Section

